

BREAD MILK HONEY CAFÉ

ONLINE FOOD MENU

BREAKFAST AND PASTRIES

MUFFIN SELECTION: BANANA CHOCOLATE / BLUEBERRY LEMON _____	3.25
SCONE: THE CLASSIC AGED CHEDDAR _____	3.25
CINNAMON BUN _____	5.95
BACON AND EGG TARTLET (GF) _____	3.25
GRANOLA CUP WITH YOGHURT & BERRY MIX (V / GF) _____	8.00
ALL DAY GRILLED BREAKFAST SANDWICH OR WRAP WITH EGG BACON AVOCADO _____	11.50

LUNCH MENU

COLD SANDWICHES OR WRAPS - GF AVAILABLE

PESTO MAYO BLT BRIE SANDWICH _____	10.00
CAESAR WRAP _____	10.00
HUMMUS GOATS CHEESE SPINACH WRAP (V) _____	10.00
TURKEY CRANBERRY SPINACH SANDWICH _____	10.00
ROAST BEEF PICKLES LETTUCE CHEDDAR MUSTARD MAYO _____	10.00
TUNA SALAD SANDWICH _____	8.00
EGG SALAD SANDWICH _____	8.00

GRILLED SANDWICHES OR WRAPS - GF AVAILABLE

GRILLED CHEESE _____	8.00
ALL DAY GRILLED BREAKFAST SANDWICH OR WRAP _____	11.50
NEW GRILLED #1 CHICKEN BRIE AVOCADO MANGO CHUTNEY _____	10.00
TUNA MELT WITH PICKLES _____	10.00

SOUP (OPTIONS ON FACEBOOK) _____ 5.00/ 8.00 PER ITEM

ADD CHEESE SCONE / BREAD / TOAST _____	3.00
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SPINACH WONDER SALAD

BABY SPINACH, MANDARIN ORANGES, DRIED CRANBERRIES, PECANS, ALMONDS & BALSAMIC DRESSING _____	12.00
ADD CHICKEN _____	4.50

BAKED GOODS

DARK CHOCOLATE BROWNIE	3.85
GLUTEN FREE DARK CHOCOLATE BROWNIE	3.85
LEMON SQUARE	3.85
WHITE CHOCOLATE NUT FREE BROWNIE	3.85
VEGAN PECAN NUT SHORTBREAD SQUARE	3.85
CARROT CAKE SLICE	6.50
BANANA CREAM PIE SLICE	6.50
COCONUT CREAM PIE SLICE	6.50
CHOCOLATE CREAM PIE SLICE	6.50
CHOC CHIP COOKIE	2.75
PEANUT BUTTER COOKIE	2.75
CARAMEL SWEET	3.25
CARAMEL PRETZEL SWEET	3.75

MONDAY - SATURDAY
9AM - 3PM
403.381.8605
BREADMILKHONEY.CA

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ONLINE DRINKS MENU

DRINKS

FILTER COFFEE _____	2.40 / 2.85
ESPRESSO _____	2.85
AMERICANO _____	3.25 / 3.75
BIG DADDY AMERICANO _____	4.25 / 4.75
AMERICANO MISTO _____	3.75 / 4.25
CORTADO _____	3.75
FLAT WHITE _____	4.00
CAPPUCCINO _____	4.00
LATTE _____	4.75 / 5.25
BIG DADDY LATTE _____	5.75 / 6.25
CHOCOLATE MOCHA _____	5.75 / 6.25
HOT CHOCOLATE _____	4.75 / 5.25
MACCHA LATTE _____	4.75 / 5.25
LONDON FOG _____	4.75
MASALA CHAI FOG _____	4.75
PEPPERMINT FOG _____	4.75
ROOIBOS HONEY FOG _____	4.75
CHAI TEA LATTE _____	5.25
ROOIBOS TEA LATTE _____	5.25
ORGANIC TEA SELECTION _____	3.25
<i>earl grey / breakfast / chai / green / green mint / rooibos / peppermint / turmeric ginger / apple cinnamon / berry</i>	
ICED LONDON FOG _____	5.25
ICED ROOIBOS LATTE _____	5.25
ICED MACCHA _____	5.25
ICED LATTE _____	5.25
ICED AMERICANO _____	3.75
COLD BREW _____	5.25
BERRY BANANA SMOOTHIE _____	7.25
VEGAN COCOA DATE SMOOTHIE _____	7.25
FRAPPUCINO _____	6.25
ICED BERRY TEA _____	4.50
ICED CHAI _____	5.25
ICED PURE CHOCOLATE MOCHA _____	6.25
ORANGE JUICE _____	3.25



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